

## Write a letter to your future self.

A free email scheduling service. Write something today, and receive it in the future.

GET STARTED

How are you feeling about leaving primary school and starting secondary school?

What are your worries and hopes for starting secondary school?

Who are your friends? What do you enjoy doing? What are your favourite subjects?

What do you want to be in the future? What are your hopes and dreams?

You could write your letter on paper and keep it somewhere safe, or give it to a parent and ask them to hand it back to you in a year or you could email it to yourself.

There are a few free emailing services that you could use to actually send the letter to yourself in the future. You just type in your letter, enter your email address and schedule the date you would like it to arrive. The letters are encrypted, so only you will be able to read them. You could schedule it to arrive in 1 year and see how different or similar you feelings, hopes and dreams are at the end of year 7!

<https://lettertomyfutureself.net/>

<https://www.futureme.org/letters/new>