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10<sup>th</sup> November 2021

Dear Parents and Carers,

### **Anti-Bullying Week**

During the week of 15<sup>th</sup> to 19<sup>th</sup> November it is Anti-Bullying Week. The theme is 'One Kind Word'.

'Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration and charity can break down barriers and brighten the lives of the people around us. This is one of the reasons that 'One Kind Word' has been chosen as the theme of Anti-Bullying Week. One Kind Word can be a turning point. It can change someone's perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying. Best of all, one kind word leads to another. Kindness fuels kindness. We can all play a part in a chain reaction that powers positivity. We think this upbeat message will resonate with children who know all too well how unkind words can hurt and undermine them'.

### **Odd Sock Day – Monday 15<sup>th</sup> November**



For Odd Sock Day on Monday 15<sup>th</sup> November, we are asking all children and staff to wear two different socks so they come in to school wearing odd socks. It is a fun opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! This fits in nicely with the theme of kindness. We are **not** asking for a monetary contribution for this but there may be a small prize for the class with the best odd socks!

Throughout the week we will be taking part in a variety of activities. There will be an assembly linked to online bullying as well as an assembly linked to anti-bullying week. We will be exploring the concept of kindness during PSHE and thinking about how we can be kinder to one another. We will also issue each class with a pack of post-it notes and encourage them to share a kind word with someone else in their class during the week so that by Friday everyone will have received 'one kind word'.

### **Children in Need – Friday 19<sup>th</sup> November**

At the end of the week on Friday 19<sup>th</sup> November, it is Children in Need day so we would like the children to 'glam up' for the day (party clothes, no accessories or glitter please). If you wish to make a contribution to Children in Need you can do this directly via the Court Lane [JustGiving](https://www.justgiving.com/fundraising/court-lane) page. <https://www.justgiving.com/fundraising/court-lane>



In school we will discuss the reason for Children in Need and emphasise the message of 'Together we can make a change.'

If you have any further questions, please do not hesitate to ask me or your child's class teacher.

Yours sincerely,  
Mrs N Metherell  
PSHE leader and Year 6 teacher

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