



Court Lane Junior School
Hilary Avenue,
Portsmouth, Hampshire,
PO6 2PP
Headteacher: Mrs L Flitton
023 9237 5444 **T**
admin@courtlanejnr.co.uk **E**
<http://www.courtlanejunior.co.uk> **W**

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Year 5 Anglo-Saxon and Viking Day

Dear Parents and Carers,

We are writing to inform you that as part of our History topic, we are hosting an Anglo-Saxon and Viking Day for the Year 5 children across two days:

- **Wednesday 6th July (Mercury and Neptune)**
- **Thursday 7th July (Venus and Jupiter).**

We have arranged for an external visitor to run the day. The children will learn about life as Anglo-Saxon settlers and Viking warriors as well as aspects of their lives such as trading, the gods, warfare, runes and games and entertainment.

For the day, we are asking that your child comes dressed as either an Anglo-Saxon or a Viking. We do not wish for you to buy costumes for your child, there are lots of options for dressing up with things you may already own! Please see attached leaflet below for ideas for costumes for the day.

For this workshop to take place, we are asking for a voluntary contribution of £10, payable online via Scopay. Unfortunately, if we do not receive sufficient contributions it may be necessary to cancel the workshop. With this in mind, we ask that the online permission form is completed <https://forms.office.com/r/JWT09f37y1> and all payments are made by **Friday 24th June** to enable the workshop to go ahead.

Many thanks for supporting what promises to be a fun and enriching curriculum day!

Yours sincerely,
The Year 5 team

Dressing up day ideas

Vikings

So you're having a Viking dressing up day? Don't panic! Even if you'd forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

Viking Warrior

Both boys and girls can play warriors or ladies.

- A long sleeved, oversize plain T-shirt, any colour but muted ones are best. Borrow your parents' or big brother's.
- A thin belt, leather or fabric. A plain tie-belt from a dressing gown will do at a push.
- A pair of plain dark leggings or jogging bottoms
- Two strips of fabric to wrap the bottom half of the legs in (optional)
- A rectangle of fabric for a cloak, held by a pin or brooch
- Plain dark shoes or short boots



Viking Lady

- A plain coloured long dress or top and skirt
- An apron dress (this can just be a rectangle of fabric with a hole cut in it for the head – an old sheet is perfect.) At a push, a plain kitchen apron will do.
- A thin belt
- A pair of round or oval brooches, which will fasten onto the apron dress just below the collar bones. Decorated card with safety-pins on the back is fine.
- A string of beads to hang between the two brooches
- Plain dark shoes or short boots
- Hair plaited in a single plait at the back
- A plain headscarf (optional)
- Ladies can also wear cloaks if desired

If you want to get extra creative then see our sheets on shields and helmets!



Dressing up day ideas

Anglo Saxons

So you're having an Anglo Saxon dressing up day? Don't panic! Even if you'd forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

Anglo Saxon Warrior

- A long sleeved, oversize plain T-shirt, any colour but muted ones are best. Borrow your parents' or big brother's.
- A thin belt, leather or fabric. A plain tie-belt from a dressing gown will do at a push.
- A pair of plain dark leggings or jogging bottoms
- Two strips of fabric to wrap the bottom half of the legs in (optional)
- A rectangle of fabric for a cloak, held by a pin or brooch
- Plain dark shoes or short boots



Anglo Saxon Lady

There was a big difference between Anglo Saxon ladies at the beginning and end of the Anglo Saxon age. Decide whether you want to be an early Anglo Saxon (450AD - 700AD) or a late Anglo Saxon (700AD - 1066AD)

Early Anglo Saxon Lady

- A plain coloured long dress or top and skirt
- A "tube dress". This was literally a tube of fabric pinned together at the shoulders. If you don't want to sew, then you can use a rectangle of fabric with a hole cut in it for the head – an old sheet is perfect.
- A thin belt
- A pair of round brooches, which will fasten the shoulders of the tube dress. Decorated card with safety-pins taped to the back works well!
- A string of beads to hang between the two brooches
- Plain dark shoes or short boots
- A plain headscarf (optional)
- Ladies can also wear cloaks if desired



Late Anglo Saxon Lady

For the late Anglo Saxon lady you will not need the tube dress or jewellery. Instead you will need a "wimple" or headscarf big enough to cover your hair and neck. You can also put a band of fabric around your head to hold it in place.

