

Spring/ Summer Menu 2023 Portsmouth

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Crunchy Topped Vegetable Bake with New Potatoes 	Chicken Fajitas with Rice 	Roast Turkey, Roast Potatoes & Gravy	Build a Burger Day Beef Burger or Vegan Burger with Toppings and Potato Wedges 	Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese and Tomato Pizza with New Potatoes 	Vegetable Pasta Bake  	NEW Sweet Potato & Spinach Flan with Roast Potatoes		Mexican Bean Roll with Chips & Tomato Sauce 
	Option 3	Tomato Pasta 	Jacket Potato and Beans 	Tomato Pasta 	Jacket Potato and Cheese	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	NEW Syrup Snap Biscuit 	Fruit Jelly with Mandarins 	Eves Pudding	Iced Vanilla Sponge	Oaty Cookie  
	Or a choice of Yoghurt & Fresh Fruit available daily					
Week Two	Option 1	Chef's Special Chicken Korma with Rice  	Pork Sausage Hot Dog with Potato Wedges	Minced Beef Pie with Roast Potatoes 	Mac and Cheese Concept A choice of different Mac & Cheese flavours, with meat & vegetarian toppings 	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese and Tomato Pizza with New Potatoes 	Vegan Sausage Hot Dog with Potato Wedges 	Mixed Vegetable Loaf with Roast Potatoes & Gravy		NEW BEET Burger with Chips & Tomato Sauce 
	Option 3	Tomato Pasta 	Jacket Potato with Cheese	Tomato Pasta 	Jacket Potato with Beans 	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	Lemon Cake	Chocolate Shortbread 	Pear & Raisin Upside Down Cake	Peach Crumble with Cream 	Vanilla Shortbread 
	Or a choice of Yoghurt & Fresh Fruit available daily					
Week Three	Option 1	Lentil & Sweet Potato Curry with Rice  	Pasta Bolognese with Garlic Bread 	Pork Sausage and Mash Potatoes with Gravy	Yamas!  NEW Greek Chicken Pita or Spinach & Cheese Whirl with Seasoned Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese and Tomato Pizza with New Potatoes 	Vegan Spaghetti Bolognese 	Vegan Sausage Mash Potatoes & Gravy 		Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Option 3	Tomato Pasta 	Jacket Potato with Cheese	Tomato Pasta 	Jacket Potato With Beans 	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad Rainbow Slaw	Peas Baked Beans
	Dessert	Sticky Toffee Apple Crumble	Peach Upside Down Cake	Catherine Wheel Cookie 	Apple Flapjack  	NEW Cornflake Tart 
	Or a choice of Yoghurt & Fresh Fruit available daily					

Available Daily:

- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.