



Court Lane Junior School
Hilary Avenue,
Portsmouth, Hampshire,
PO6 2PP

Head Teacher: Mrs Laura Flitton
023 9237 5444 T
admin@courtlanejnr.portsmouth.sch.uk E
<http://www.courtlanejunior.co.uk> W

Monday 19th June 2023

Year 5 Relationship and Sex Education (RSE)

Dear Parents and Carers,

Relationship and Sex Education lessons (in line with our Science curriculum, RSE policy and the Portsmouth PSHE framework for schools) will be taking place the week beginning 27th June 2022.

The lessons for Year 5 are set out below so you are aware when your child will be taught each aspect. They may well want to come and talk to you further about the lesson.

- Hygiene/keeping clean
- External Body Changes
- Puberty – internal body changes. **(This lesson will be taught in single sex classes and covers puberty and menstruation.)**

In addition, the children will be taught objectives from the science curriculum. They will learn that human reproduction occurs when a male sperm meets a female egg, that the development of a foetus occurs in the womb and that the typical gestation period of a human pregnancy is 9 months. The method of conception will not be covered at this time. Children will compare this with other animals.

The rest of the Sex Education programme covering relationships, conception and birth will be taught in Year 6.

These sessions are part of the statutory science and PSHE curriculum therefore it is compulsory that your child takes part. However, if you have any questions or would like to discuss the resources we use, please do not hesitate to contact Mrs Barrand or your child's class teacher.

Yours sincerely,

Mrs J Barrand
Year 5 Leader