

Hand Washing- KS2

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Health Related Absence Nurse

Our values are:





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When should you wash your hands?





- Before and after handling food
- After using the toilet
- After touching animals
- After coughing sneezing or blowing your nose
- If you are ill or have been around people who are ill.

Our values are:



How do we wash our hands?



The 6 Steps of Hand Washing



Palm to palm



The back of the hands



In between the fingers



The back of the fingers



The thumbs



The tips of the fingers

Our values are:



CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Our values are:



Honesty Everyone counts Accountable Respectful Teamwork

True or False?



**We should only wash our hands
once a day- True or False?**

False!

We should wash our hands

- After using the toilet
- Before eating or handling food
- After touching animals
- After coughing or sneezing into hands

Washing our hands often can stop us getting ill- **True or False?**

True!

The best way to stop harmful germs spreading to our friends and family is **by washing our hands!!**

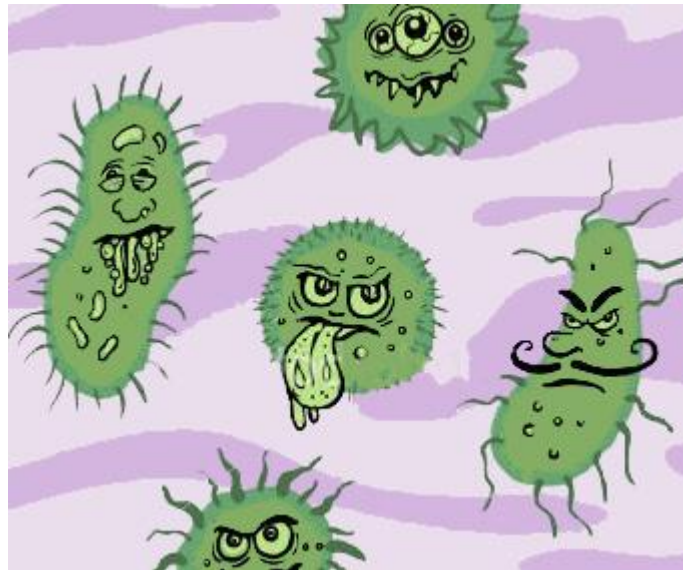


Half of people don't wash their hands after going to the toilet-

True or False?

True!

Nearly everyone says they wash their hands after going to the toilet but over half don't do it! Think what may be on their hands??!!



Our values are:



Any Questions?

