

# Dealing with Bereavement and Loss

## Extra support

There may be instances where you feel that you need to seek extra support for the children or you would like to think through the best approach to supporting a child in school.



Giving hope to grieving children

Winston's Wish has a Freephone Helpline available for parents or professionals to call between **9am and 5pm Monday – Friday.**

Winston's Wish also have an e-mail service for families and professionals to access through their website. They will try to answer you within one working day.

Some schools have benefited from further training either as a whole school or sending a few staff members to their study days.



[www.winstonswish.org](http://www.winstonswish.org)



**08088 020 021**

**9am - 5pm Monday - Friday**



[www.winstonswish.org/  
supporting-you/  
ask-a-question](http://www.winstonswish.org/supporting-you/ask-a-question)



[www.winstonswish.org/  
supporting-you/  
professionals-and-training](http://www.winstonswish.org/supporting-you/professionals-and-training)



For adults who need extra help, Cruse offer a range of services across the UK.



[www.cruse.org.uk](http://www.cruse.org.uk)



Childhood  
Bereavement  
Network

Further information about organisations that offer support to bereaved children can be found on the Childhood Bereavement Network's website.



[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

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and Duty of Care

[www.educare.co.uk](http://www.educare.co.uk)